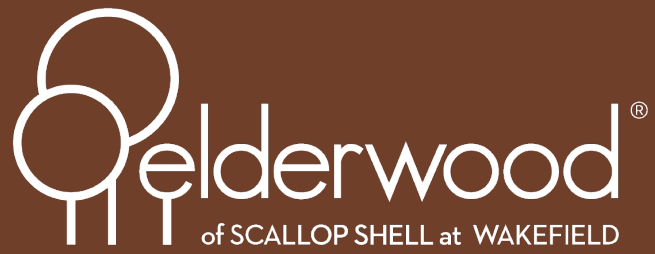


Activities Calendar November 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><i>"Bee" Kind</i></p>	<p>10:00 Exercise 1 11:30 Guessing Game 1:00 Birding 2:00 Culinary: Banana Bread 6:00 Game Time</p>	<p>10:00 A-Z List H Game 2 11:30 Food for Thought 2:00 Painting Lessons: Bumble Bee 6:00 Bowling League</p>	<p>10:00 Exercise 3 11:30 Guessing Game 1:00 Birding 2:00 Football Toss 6:15 Bingo</p>	<p>10:00 Activity Calendar Planning Session 4 11:30 Food for Thought 3:00 Don & Dave 4:15 Cornhole 6:15 Massage & Manicure's</p>	<p>10:00 Exercise 5 11:30 "Be Kind" Words 1:30 Rosary & Bible Study 2:00 Resident Showcase 3:00 Pub Social</p>	<p>10:00 Music & Movement 6 2:00 Bingo 3:00 Saturday Movie 6:00 Balloon Volleyball</p>	
<p>10:00 Menu Planning 7 11:00 Catholic Mass 11:00 What Am I? 2:00 Tailgate Party 4:00 Travelogue: Veteran Memorial Sites Around The US <i>Reminisce</i></p>	<p>10:00 Exercise 8 11:30 Guessing Game 1:00 Birding 2:00 Culinary: Chicken Soup 6:00 Game Time</p>	<p>10:00 Life Stories 9 11:30 Food for Thought 2:00 Painting Lessons: Fall 6:00 Bowling League</p>	<p>10:15 Resident Council 10 11:30 Guessing Game 1:00 Birding 2:00 Cornhole 6:15 Bingo</p>	<p>10:00 Veterans Trivia 11 11:30 Food for Thought 2:00 Honor the Veterans 3:00 Music with Erik 4:15 Cornhole 6:15 Massage & Manicure's <p style="text-align: center;">Veterans Day</p></p>	<p>10:00 Zumba 12 11:30 Reminisce Fall 1:30 Rosary & Bible Study 2:00 Resident Showcase 3:00 Pub Social</p>	<p>10:00 Music & Movement 13 2:00 Bingo 3:00 Saturday Movie 6:00 Balloon Volleyball</p>	
<p>10:00 Menu Planning 14 11:00 Catholic Mass 11:00 Daily Chronicle 2:00 Tailgate Party 4:00 Travelogue: Football Hall Of Fame <i>Harvest</i></p>	<p>10:00 Exercise 15 11:30 Guessing Game 1:00 Birding 2:00 Culinary: Apple Crisp 6:00 Game Time</p>	<p>10:00 Music & Movement 16 11:30 Food for Thought 2:00 Painting Lessons: Corn Husk 6:00 Bowling League</p>	<p>10:00 Exercise 17 11:30 Guessing Game 1:00 Birding 2:00 Kick the Can 6:15 Bingo</p>	<p>10:00 Chair Dancing 18 11:30 Food for Thought 3:00 Mike Colletta 4:15 Cornhole 6:15 Massage & Manicure's</p>	<p>10:00 Exercise 19 11:30 Harvest Facts & Trivia 1:30 Rosary & Bible Study 2:00 Resident Showcase 3:00 Pub Social</p>	<p>10:00 Music & Movement 20 2:00 Bingo 3:00 Saturday Movie 6:00 Balloon Volleyball</p>	
<p>10:00 Menu Planning 21 11:00 Catholic Mass 11:00 Daily Chronicle 2:00 Tailgate Party 4:00 Travelogue: Thanksgiving Around the World <i>Be Thankful</i></p>	<p>10:00 Exercise 22 11:30 Guessing Game 1:00 Birding 2:00 Culinary: Cookies 6:00 Game Time</p>	<p>10:00 Life Stories 23 11:30 Food for Thought 2:00 Painting Lessons: Feather 6:00 Bowling League</p>	<p>10:00 Exercise 24 11:30 Guessing Game 1:00 Birding 2:00 Culinary: Pumpkin Pie 6:15 Bingo</p>	<p>10:00 Macy's Thanksgiving Day Parade 25 11:30 Food for Thought 2:00 Scavenger Hunt 4:15 Cornhole <p style="text-align: center;">Thanksgiving Day</p></p>	<p>10:00 Zumba 26 11:30 Thanksgiving Reminisce 1:30 Rosary & Bible Study 2:00 Resident Showcase 3:00 Pub Social</p>	<p>10:00 Music & Movement 27 2:00 Bingo 3:00 Saturday Movie 6:00 Balloon Volleyball</p>	
<p>10:00 Menu Planning 28 11:00 Catholic Mass 11:00 Daily Chronicle 2:00 Tailgate Party 4:00 Kindness Throughout History <i>Hanukkah</i></p>	<p>10:00 Exercise 29 11:30 Hanukkah Facts & Trivia 1:00 Birding 2:00 Culinary: Cider 6:00 Game Time <p style="text-align: center;">Hanukkah begins in the evening</p></p>	<p>10:00 Music & Movement 30 11:30 Food for Thought 2:00 Painting Lessons: Hearts 6:00 Bowling League</p>	<p>LOCATION KEY</p> <p>*Activities Subject to Change</p>				



Activities Calendar

November 2021 Seasons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	10:00 Wake Up Exercise 10:30 Move & Shake 11:00 Memory Magic 1:30 Sensory Balance 2:00 Culinary: Banana Bread 3:15 Move it or Lose it! 4:00 Fall Target Derby! 6:15 Snack Night & Name that Tune! November Reminisce	10:00 Wake Up Breakfast Club: Chocolate Chip Pancakes 11:15 Stretching to the Oldies 1:30 Sensory Balance 2:00 Watercolor Painting 3:00 Walking Trail 4:00 Reminisce: Election Day 6:15 Bowling League	10:00 Wake Up Exercise 10:30 Move and Shake 11:00 I Got It! 1:30 Sensory Balance 2:00 Crafty Wednesday: Making Acorns Fairies 3:00 Move it or Lose it! 4:00 Balloon Volleyball 6:30 Bingo	10:00 Drum Circle! 10:45 Right Engagement: Reminisce Pie Making & Tastes 1:30 Sensory Balance 2:00 Happy Hour 3:00 Music with Don & Dave 4:00 Junk Draw Detective 6:30 Spa Night & Music	10:00 Wake Up Sensory! 10:30 Move & Shake 11:00 Cornucopias Craft 1:30 Rosary & Bible Study 1:30 Sensory Balance 2:00 Resident Showcase 3:00 Pub Social 4:30 Red and Black Game 6:30 Classical Music Concert	10:00 Morning Spa & Music 11:15 Weekend Stretches 1:30 Sensory Balance 2:00 Reminisce 3:00 Saturday Movie 4:00 Trivia 6:00 Saturday Night Live!	
10:00 Menu Planning 11:00 Catholic Mass CH 6 11:00 Daily Chronicle 1:30 Sensory Balance 2:00 Tailgate Party!! 3:30 Noodle Ball 4:00 Famous Veterans 6:00 Finish the Lyric Veterans Week	10:00 Wake Up Exercise 10:30 Move & Shake w/Armed Forces Band Music 11:00 Memory Magic 1:30 Sensory Balance 2:00 Culinary: Chicken Soup 3:15 Move it or Lose it! 4:00 Fall Target Derby! 6:15 Music & Aromatherapy	10:00 Wake Up Breakfast Club: Eggs and Bacon 11:15 Stretching to the Oldies 1:30 Sensory Balance 2:00 Watercolor Painting 3:00 Walking Trail 4:00 Marine Band Music & Facts 6:15 Bowling League	10:00 Wake Up Exercise 10:15 Resident Council 11:00 Memory Magic 1:30 Sensory Balance 2:00 Crafty Wednesday: Flag Craft 3:00 Move it or Lose it! 4:00 Noodleball 6:30 Bingo	10:00 Drum Circle! 10:45 Right Engagement: Lawrence Welk-Salute to the Armed Forces 11:15 Seated Stretching 1:30 Sensory Balance 2:00 Veterans Appreciation Ceremony 3:00 Music with Erik 4:00 Armed Forces Facts 6:30 Spa Night & Music Veterans Day	10:00 Wake Up Sensory! 10:30 Move & Shake 11:00 Cards for our Veterans 1:30 Rosary & Bible Study 1:30 Sensory Balance 2:00 Resident Showcase 3:00 Pub Social 4:30 Dice Game 6:30 Big Band Music Concert	10:00 Morning Spa & Music 11:15 Weekend Stretches 1:30 Sensory Balance 2:00 Family Feud 3:00 Saturday Movie 4:00 Reminisce 6:00 Saturday Night Live	
10:00 Menu Planning 11:00 Catholic Mass CH 6 11:00 Daily Chronicle 1:30 Sensory Balance 2:00 Tailgate Party!! 3:30 Noodle Ball 4:00 Leaf and Tree Identification 6:00 Name that Tune Leaves and Color	10:00 Move & Shake 10:30 Music Sing-A-Long 11:00 Memory Magic 1:30 Sensory Balance 2:00 Culinary: Savory Stuffing Balls 3:15 Move it or Lose it! 4:00 Fall Target Derby! 6:15 Music & Aromatherapy	10:30 Wake Up Breakfast Club: Waffles & Sausage 11:15 Stretching to the Oldies 1:30 Sensory Balance 2:00 Watercolor Painting 3:00 Walking Trail 4:00 Wooden Leaf Painting 6:15 Bowling League	10:00 Wake Up Exercise 10:15 Move and Shake 11:00 Memory Magic 1:30 Sensory Balance 2:00 Crafty Wednesday: Leaf Wreaths 3:00 Move it or Lose it! 4:00 Table Tennis 6:30 Bingo	10:00 Drum Circle! 10:45 Right Engagement: Reminisce Prepping a Big Meal 11:15 Seated Stretching 1:30 Sensory Balance 2:00 Happy Hour 3:00 Music with Mike Colletta 4:00 Leaf Trivia and Facts 6:30 Spa Night	10:00 Wake Up Sensory! 10:30 Move & Shake 11:00 Thanksgiving Cards 1:30 Rosary & Bible Study 1:30 Sensory Balance 2:00 Resident Showcase 3:00 Pub Social 4:30 Leaf Peepers in New England 6:30 Frank Sinatra Concert	10:00 Morning Spa & Music 11:15 Weekend Stretches 1:30 Sensory Balance 2:00 Jeopardy 3:00 Saturday Movie 4:00 Reminisce 6:00 Saturday Night Live	
10:00 Menu Planning 11:00 Catholic Mass CH 6 11:00 Daily Chronicle 1:30 Sensory Balance 2:00 Tailgate Party!! 3:30 Noodle Ball 4:00 Thanksgiving Trivia 6:00 Whose Line is it Anyway? It's Thanksgiving- Celebrate!	10:00 Move & Shake 10:30 Music Sing-A-Long 11:00 Memory Magic 1:30 Sensory Balance 2:00 Culinary: Pumpkin Pie 3:15 Move it or Lose it! 4:00 Turkey Shoot! 6:15 Music & Aromatherapy	10:30 Wake Up Breakfast Club: Pumpkin Bread 11:15 Stretching to the Oldies 1:30 Sensory Balance 2:00 Watercolor Painting 3:00 Walking Trail 4:00 Pilgrim Trivia 6:15 Bowling League	10:00 Wake Up Exercise 10:15 Move and Shake 11:00 Memory Magic 1:30 Sensory Balance 2:00 Crafty Wednesday: Turkeys 3:00 Move it or Lose it! 4:00 Cornhole Turkeys! 6:30 Bingo	10:00 Macy's Thanksgiving Day Parade/ Scavenger Hunt 11:00 Thanksgiving Bingo 1:30 Sensory Balance 2:00 Thanksgiving Tea & Traditions 4:00 Miracle on 34 th Street Movie Thanksgiving Day	10:00 Wake Up Sensory! 10:00 Zumba 11:00 Pilgrims Craft 1:30 Rosary & Bible Study 1:30 Sensory Balance 2:00 Resident Showcase 3:00 Pub Social 4:30 Categories and Hangman 6:30 Music from Humperdinck	10:00 Morning Spa & Music 11:15 Weekend Stretches 1:30 Sensory Balance 2:00 Price is Right 3:00 Saturday Movie 4:00 Reminisce 6:00 Saturday Night Live	
10:00 Menu Planning 11:00 Catholic Mass CH 6 11:00 Daily Chronicle 1:30 Sensory Balance 2:00 Tailgate Party!! 3:30 Noodle Ball 4:00 Scents of Winter 6:00 Old Sayings Fill-ins Winter is coming!	10:00 Wake Up Exercise 10:30 Move & Shake 11:00 Memory Magic 1:30 Sensory Balance 2:00 Culinary: Latkes 3:15 Move it or Lose it 4:00 Fall Target Derby! 6:15 Hanukkah Traditions Hanukkah begins in the evening	10:30 Wake Up Breakfast Club: Hanukkah Sufganiyot(Donuts) 11:15 Stretching to the Oldies 1:30 Sensory Balance 2:00 Watercolor Painting 3:00 Walking Trail 4:00 Winter Pine Trees Craft 6:15 Bowling League	LOCATION KEY				